

## HAF 2022 Local Authority Annual Report

The annual report provides you with the opportunity to give an overview of the HAF 2022/23 programme in your LA.

Your report should include:

- the overall funding you have spent on the HAF programme
- the proportion of the funding that was spent on administration and a breakdown of how this was spent
- how many unique children you have reached in each holiday period
- the proportion of primary age and secondary age children who have participated in your programme
- the number of children with SEND or additional needs who have participated in your programme
- information on the families and carers they have engaged with through the food education, signposting and referrals aspect of their programme
- which organisations are represented on their steering group
- which organisations you have worked with in delivering the programme

You may also include:

- feedback from participants, their families or carers
- results of any surveys
- case studies or particular highlights
- how you have promoted the programme and celebrated it through the media and social media



The report for the 2022/23 HAF programme should be submitted to DfE by 30 June 2023.

While LAs have flexibility in how they format and present their annual report, we have provided this document as a guide to help you structure your report. This is an optional template to use, you are welcome to produce your own report as you deem appropriate. Please complete and submit to [haf.policy@education.gov.uk](mailto:haf.policy@education.gov.uk) by 30<sup>th</sup> June 2023. When submitting your report please include a link to the relevant webpage you post it to.

### Section 1 - LA details

LA Name	London Borough of Barnet
LA HAF Co-Ordinator	Charlene Townsend <a href="mailto:BACEHolidays@barnet.gov.uk">BACEHolidays@barnet.gov.uk</a>

External HAF Co-Ordinator details (if applicable)	Matthew Dixon - Young Barnet Foundation <a href="mailto:haf@youngbarnetfoundation.org.uk">haf@youngbarnetfoundation.org.uk</a>
About the Barnet Council HAF offer	<p><b>Barnet. Active. Creative and Engaging (BACE) Holidays</b></p> <p><i>BACE Holidays was named by a young person known to the service in 2021.</i></p> <p>On 27 October 2021, the government announced a 3-year funding settlement of over £200 million each year for the holiday activities and food (HAF) programme. The first year of this funding settlement was 2022 to 2023 and 2023 to 2024 is the second year of the funding settlement. This follows the successful pilot of the programme across all areas of England in 2021.</p> <p>BACE Holidays is organised and run by <a href="#">Barnet Council</a> in partnership with <a href="#">Young Barnet Foundation</a> and is the council's method of delivering the HAF funding. BACE holidays support children and young people in Reception to Year 11 who receive benefit-related Free School Meals in the borough of Barnet. BACE Holidays provide engaging and healthy activities with an emphasis on physical, emotional, and nutritional wellbeing during the school holidays. Activities include football, cricket, arts, and crafts, performing arts and lots more.</p> <p><b>Other Holiday Periods</b></p> <p>Funding for this programme is available in Spring, Summer, and Winter holidays, and outside these periods Barnet's Child and Family Early Help offer includes the Positive Activities programme, which is fully funded for children who school or live in the Borough of Barnet.</p>
the overall funding you have spent on the 2022 HAF programme	£1,175,360
the proportion of the funding that was spent on administration and a breakdown of how this was spent	Admin £117,536 Providers (Face to Face Provision) - £874,399 Venue - £68,579 Equipment £15,648 Food - £77,878 Marketing £21,320
how many unique children you have reached in each holiday period	Spring 2022 = 1373 Summer 2022 = 2871 Winter 2022 = 2035 Total = 6279

<p>the proportion of primary age and secondary age children who have participated in your programme</p>	<p>Primary School Age = 77.83%</p> <p>Secondary School Age = 22.17%</p>
<p>the number of children with SEND or additional needs who have participated in your programme</p>	<p>367</p>
<p>How did you market/ promote your HAF programme?</p>  	<p>We use the <a href="http://www.barnetyouth.uk">www.barnetyouth.uk</a> web site to promote and market the programme. We have created accessible Youtube videos, and use printed materials including booklets, posters, and bus stop signs to further advertise the offer. Partners including schools, and the wider organisation, support marketing the programme via their social media channels and the council web site.</p> <ul style="list-style-type: none"> <li>• 10,000 Standalone brochures distributed each season</li> <li>• Leaflets, stand up banners and posters distributed to schools and libraries, Early Help hubs and Children’s Centres and displayed in bus stops</li> <li>• 250,00 residents reached via campaigns in the Barnet First Magazine</li> <li>• 40,142 subscribers with an opening rate of 51.1% reached via the Barnet First e-newsletter</li> <li>• 5000 young people reached via the Barnet Youth e-newsletter</li> <li>• 46,198 likes, comments or clicks on 119 social media posts</li> <li>• 1280 video views on YouTube</li> </ul>



Were there any challenges in delivering the programme?

**Food Distribution**

Ensuring food is healthy and aesthetically pleasing to young people is a priority for the team, we tested several methods for food delivery over 2022. We experimented with using a small number of large food providers, followed by using lots of local smaller food providers. We found challenges with both methods in relation to offering centralised food.

Ensuring the correct amount of food was delivered across over 30 different providers in venues throughout the Borough has remained a key challenge given the number of meals required varied daily as demand was subject to change, due to different levels of attendance and cancellations/no shows.

Moving the food around the Borough was not always straightforward. Many of our activity providers expect lunch around the same time each day which meant bottlenecks

	<p>for our catering providers to manage. We found there was no opportunity to pilot food providers' ability to manage bulk deliveries within short timeframes, so we had to problem-solve in real-time.</p> <p><b>Young Peoples Engagement with Food</b></p> <p>Feedback from 2022 delivery was that many of the children aged under 12 did not like the food we provided where the vegetables were visible in the meal. We used this feedback to rethink how we could encourage children to want to eat these healthy meals and ensure they were not only pleasing to look at but also delicious.</p> <p><b>Engagement of 12-16s</b></p> <p>Much like the other boroughs, we have had found engaging with teenagers one of the most difficult cohorts to attract to the programme. We noted from feedback, that often teenagers do not want to be located at the same premises of younger siblings and prefer to socialise with familiar friendship groups and outside an adult led environment. Many of the providers preferred developing programmes for younger children given the widespread understanding that teenagers are harder to engage in these programmes.</p> <p>We are continuing to gather feedback from this cohort so that we can further develop our offer for younger teenagers, and this remains a priority for our service development in 2023.</p>
Who made up your steering group?	<p>Head of Child and Family Early Help Service</p> <p>Assistant Head of Service</p> <p>Chief Executive and Director of Education</p> <p>Head of Commissioning and Performance Improvement</p> <p>Health Improvement Officer</p> <p>Adults and Health Consultant</p> <p>Director of School Access Skills and Corporate Services</p> <p>Finance Manager</p> <p>Service Development Manager Stock (Libraries)</p> <p>Young Barnet Foundation HAF Coordinator</p> <p>Health Improvement Officer</p> <p>Head of SEN Assessments and Placements</p>

	<p>Senior Communication and Campaigns</p> <p>Senior Commissioner Children Services</p> <p>Volunteer Ground Works Coordinator</p> <p>Strategy and Participation Officer Community Participation Officer</p> <p>BACE and Positive Activities Team Manager</p> <p>Play Co-ordinator, Greentop</p> <p>Early Years and Primary Service Manager</p> <p>0-19 Business Manager</p> <p>Positive Activities Co-ordinator</p> <p>Children and family Early Help – team manager</p> <p>Health and Wellbeing Policy Manager</p> <p>Learning and Development Officer</p> <p>PAB</p> <p>NC Gateway</p> <p>Head Teacher of the Virtual School</p> <p>Young Barnet Foundation CEO</p> <p>Young Barnet Foundation Member Development Officer</p> <p>Education Welfare Officer</p> <p>E-Vouchers (WONDE) Senior Account Manager</p>
<p>Did you receive any extra funding, support, resources, food, etc. If so, who from?</p>	<p>£2,166 funding from Waitrose</p> <p>Allocated towards some of the food provision, which enabled us to purchase snack bags for children who we found were attending activities alongside other children who were either purchasing snacks or had brought snack from home.</p> <p>£12k Barnet Council Prevention Fund bid and £6k Barnet Public Health contribution</p> <p>Allocated towards take-home “Activity Bags” containing fun practical activities that aim to support health and wellbeing including, increasing movement, diet and nutrition, and emotional resilience.</p> <p>This also supported families who were not able or comfortable to attend face-to-face provisions, who were able to collect an activity bag along with an accompanying BACE booklet detailing how to use the items in the bag to</p>

	<p>have fun for the whole family was also provided. Alongside the bags, we sourced food hampers (take and make) which came from the BACE budget.</p>
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## Section 2 – Highlights of 2022

<p>Please share the highlights and successes of the programme you've delivered.</p>	<p>The many highlights of the BACE Programme include:</p> <ul style="list-style-type: none"> <li>- Provision</li> <li>- Children and Young People</li> <li>- Trips</li> <li>- Marketing</li> <li>- SEND</li> <li>- Sustainability and Growth</li> <li>- Partnership working and Volunteers</li> </ul> <p><b>Provision</b></p> <p>Provision has continued to develop in the Borough, growing beyond the standard offer, with providers offering a variety of exciting activities including inflatables and zorbing, talent shows, silent disco, talent shows and even visits from Father Christmas. The GLL relationship enables young people to have access to training sessions with coaches as well as a nutritionist, and our relationship the RAF allows young people to participate in workshops and guided tours of the museum, as well as the experience of having a hot lunch in the museum café.</p> <p><b>Trips</b></p> <p>Our providers offer trips to young people, which have included visits to the beach, the RAF, local places of interest, Swimming, theatre shows and self-guided family treasure trails.</p> <p><b>Children and Young People</b></p> <p>Feedback from parents and providers about the progress of children attending the activities has illustrated children growing in confidence, making new friends and learning new skills. Young people participating are finding their passions and are continuing to pursue these outside the programme. Word of mouth between parents is encouraging new referrals into activities because children are enjoying their time in the programme.</p> <p><b>Partnership working and Volunteers</b></p> <p>During 2022 we developed new and long-lasting partner relationships local tourist attractions within the borough with Royal Air Force Muesum, Chickenshed, Bull Theatre and Better Gyms (GLL). With this we were able to offer unique opportunities for children and young people not available mainstream.</p> <p>We have supported and empowered our providers to have more autonomy over their HAF projects. Most of our providers co-ordinate their own working relationships venues, their own food and staff. As</p>
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	<p>result of this progression, some of the providers who started as just HAF providers in the borough now support schools with wrap around care as well as PE. This enables young people to develop good relationships with the HAF providers and reduce any anxiety they may have about attending camps.</p> <p>We have great relationships with Young Barnet Foundation (YBF) and Volunteering Barnet and the Food Hub. Our relationship with YBF enables us to support local charities and the local economy. Volunteering Barnet enabled us to support 8 volunteers from the local community to be actively involved in the programme. We also enabled young people from Oakbridge SEND school to act as volunteers by supporting us to put together the BACE bags for the summer programme. It was great to see the YP and the energy they brought HQ.</p>
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**Section 3 – Children and families feedback**

Please provide any social media links, testimonials or feedback that you have received concerning your 2022 HAF Programme

<p>T said she had the best time and loved every minute of the camp. She said she felt at ease within the first hour of the camp starting. She loved the whole inspiring process, great team work, lovely people (both children and adults). She gained great confidence in performing which she had not done before. She loved the care she received and the great sense of humour of the director. T said she would much rather do this every day than go to school or anything else.</p> <p>The camp with a lot of fun and I really enjoyed being coached with coach TJ. Playing the matches were the best part and I learnt a lot of new skills. Coach TJ played a lot of fun games with us and he really made basketball fun.</p> <p>Male, A, 6 yrs old said "Club was good fun, I liked the people who took us exploring (the entertainers)"</p> <p>Yes one young 13 year old boy said he loves the camps because he feels safe and always goes away feeling better about himself because he feels special</p> <p>I think Fresh Arts is the best club I have ever been to in my life. I think the activities are amazing. Dance is the best one yet but I like drama a lot. I learned about being kind to each other and join in everything listen to teachers. I would change the food because I am not a vegetarian I am an omnivor I eat a mixture of stuff. Child, Female, Aged 8</p> <p>"I really like the food today and I enjoyed making smoothies with Anne" - Girl aged 11</p> <p>Young Person I, a 15 year old female stated that she would like to do youth-work, and wanted to start with First Aid training.</p> <p>"I didn't know I'm so good at racing! At school I find learning hard but now I know I'm good at running, I'll work hard at P.E. Maybe I'll be top in that!" (Year 3- 8 year old girl with an EHCP after relay races at the park)</p> <p>As a specialist autism provider we are always happy to see the impact our schemes have on our autistic young people. Like all our holiday schemes our Easter scheme allowed our young people to engage in enriching activities, socialise with peers and express themselves freely in a safe environment where they</p>
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are understood, whilst also providing much needed respite for their parents and carers. For many of young people who join our Easter scheme this is the only place where they can play and be not be judge and have their individual needs met.

I loved coming to the centre everyday- I wish we can have more activities. M, 10 years old

"the farm was the best trip, I really want to go back again" - Boy aged 10

male 12yrs - Activities were well ranged Female 13yrs - I really enjoyed the activities and will come more often female 9 - helpful and kind

Hi, I'm Rachel, I am parent, one of the attendant of this easter activity, Axis Education Trust's activity is very good, it could help parents like me who is working, they giving too much 2 activities indoor and outdoor, activities, so they are not going to be engaged more in the computer, and this is really really good for the kids, to develop and explore their skills, thank you

I really enjoyed all the activities like cycling, tennis and basketball. The food was really nice. Female, 7 yrs old

"My best time ever" E.M. - 5 year old male

Young person O, a 9 year old male, said "it was fun because you get to meet new friends that you haven't met before and you get to do things you wouldn't do otherwise like a treasure hunt. I loved playing football. Today I went on the inflatable obstacle course and it was really really fun! I'll definitely be coming to Holiday Club at Unitas again."

"GROW was really fun this week, we did lots of whittling, we made a fire today. We did some harvesting and that was all very exciting. The most fun is the fact that there's all this nature all around and that is what is amazing" 12 year old boy.

"Very good activities for the multi sports and inflatable activities kids really enjoyed it, also the costume making activity at Finchley youth theatre it was different and new idea kids loved arts and crafts and it was very good idea to start doing this at home too.' Parent

" It appeared to be well managed and organised. Staff were available to direct us to area were activity was held" Parent "The people running the session was very enthusiastic and engaging" Parent

"Child A, had a blast playing football with the leaders and kids. He also had a play with basketball and the inflatable giant darts. It was all great fun. The party bags were an unexpected and wonderful gift too. Great activities in there and little gadgets seeds etc. Really good content." - Parent

'My daughter had a difficult time at school this year and it knocked her confidence, but now I see the spark coming back into her eyes and for this I'm truly thankful to you all.' - Parent

'What I saw when we went to watch the show was a production that had actively sought to find a way that everyone could contribute exactly as they were, right there, right then' - Parent

'Thank you to Amanda, yourself and everyone who made it possible for my daughter to participate. She absolutely loved doing it, and you were very inclusive. She had allergies and disabilities, and you were very understanding with that. Only positive feedback!' - Parent

I think the cooking sessions were really enjoyed by all students. They were very inclusive and great that the children were able to try different foods. - Chef

The light and sound show was fantastic. It was well presented, and the moves were totally unpredictable. Booming music, flashing lights lots of clapping and cheering-perfect for teens! - Teacher

“The activities that we have been able to provide with the funding have been engaging, physical, and social. HAF provides free training to providers to ensure that they are fully equipped with the skills and tools that they need to be able to serve communities effectively, ensuring that Parents and Carers are thought of and included in the process. There is lots of support given with the funding, the option to use the online signup systems, cutlery, equipment, posters, and a signposting service included for any children and young people you may need additional support during the holidays. We know that delivering activities during the holidays is important because it ensures that young people remain safe, seen, and active. This is a really great and easy fund to access and is really beneficial for communities”. –FUSE

Children particularly enjoyed the matches tournaments and competitive aspects whilst they were on football camp. In Dance the variety that they experienced with the various genres of dance and also having time to do some arts and crafts while on the camp to make their own props. In Multisport they liked having a chance to try lots of different sports out. - Coach

Some feedback below about how children developed over their time at an activity.

Seeing children be happy.

A child came in on Monday very nervous and reluctant to come to camp. We sat him down and showed him the exciting activities we had planned for the day. By the end of the day he did not want to leave!

Hearing children say that they want to come back and learn more recipes and how to cook.

Seeing children try and enjoy food that they said they wouldn't usually eat such as carrots, peas and sweetcorn.

There was a girl with autism and she hated losing and being out had she would cry and get really upset and by the end of the holidays she completely changed when she got out of game's towards the end she went without a fuss.

A child that was adamant on the first day that they did not want to be there, skipped through the door the rest of the week.

Seeing children build new friendships with others they wouldn't normally mix with.

Watching children gain confidence to be able to communicate amongst peers.

Hannah, who had been practicing extremely hard throughout the week to score a basketball shot without the aid of a member of staff, finally achieved her goal on the final day of camp. Everyone celebrated and it was a really good indication of the progress that she had made.

We saw lots of children increase in confidence and really develop their social skills through the week with other children.

I work in the school that many of these children attend. It was inspiring to see them in a very different setting and how some of them literally flourished. When I return to school, it will give me a completely different understanding and increased respect for those children.

Child V initially looked like she had zero interest in being at our camp. She slowly integrated more and more with other children. By the time we finished she was literally the life of the party!

'I feel like I've had a lot of help with my skills, like socialising with other people, at the start of the camp I was very shy, I was over in a corner and now I'm talking to everyone and having a great time'

<p>How did you quality assure the delivery that was carried out within the projects</p>	<p>We have a comprehensive quality assurance process, completed by a QA Officer who attends BACE Activity and Camp venues across the borough. Over 2022, 65 QA visits were completed, assessing the quality of provision, numbers of attendees and completing health and safety assessments. Findings have included:</p> <ul style="list-style-type: none"> <li>• Comments and suggested improvements to the food provided</li> <li>• Improvements to recording risk assessments</li> <li>• Feedback about training to support delivery including first aid and safeguarding</li> </ul> <p>If any issues arise or support is needed, the BACE team supports the provider. This was also a great way to collect feedback and observe the great work and achievements of children and young people accessing the project.</p>
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#### Section 4 – Providers list

Please provide details of the providers you've worked with.	Provider Name	Website
	Active London	<a href="http://active-london.com">Active London (active-london.com)</a>
	Amplified Arts Academy	<a href="http://hillsong.com">Amplified Arts Academy   UK (hillsong.com)</a>
	Anthony Russell Music	<a href="http://www.barnetyouth.uk">www.barnetyouth.uk</a>
	Arts Depot	<a href="#">artsdepot  </a>
	Ball Out Community	<a href="http://ball-out.co.uk">Ball Out 3x3 (ball-out.co.uk)</a>
	Barnet Community Projects	<a href="#">Felix Project   (wordpress.com)</a>
	Barnet Libraries	<a href="#">Libraries   Barnet Council</a>
	Bloomsbury Football Foundation	<a href="#">Bloomsbury Football   Changing the game for young people in London</a>
	Bread and Butter CIC	<a href="#">Bread n Butter</a>
	Chickenshed	<a href="#">Chickenshed</a>
	Claremont Primary	<a href="#">Welcome to Claremont Primary School</a>
	Claremont School	<a href="#">Welcome to Claremont Primary School</a>
	Cricklewood Boxing Club	<a href="#">Cricklewood Boxing GYM – NW London Boxing GYM</a>
	Elite Leisure	<a href="http://www.elitels.com">www.elitels.com</a>

	Fixation Academy of Performing Arts	<a href="#">Home * Fixation Academy of performing Arts</a>
	Foundations Sports Barnet	<a href="#">Home   Foundation Sports   Our work with schools sees us deliver sports coaching (foundation-sports.com)</a>
	Fresh Arts	<a href="#">About Fresh Arts – Fresh Arts</a>
	Fun Unique Social Enterprise (FUSE)	<a href="#">Welcome - Home (fuseyouthproject.com)</a>
	Give.Help.Share	<a href="#">Give. Help. Share. (givehelpshare.org.uk)</a>
	Greengrocers Choice	<a href="#">Greengrocer's Choice   Get the Greengrocer's choice delivery right to your door (greengrocerschoice.co.uk)</a>
	Greentop Children Activity Centre	<a href="#">Greentop Centre (nurseriesandschools.org)</a>
	Greenwich Leisure Limited (GLL)	<a href="#">www.better.org.uk</a>
	High Barnet School of Dance	<a href="#">Home   high barnet school of dance (northlondonschoolofdance.com)</a>
	InterLink Foundation	<a href="#">Home - Interlink Foundation (interlink-foundation.org.uk)</a>
	<a href="#">KickOff@3</a>	<a href="#">Home - Kickoff@3 (kickoffat3.com)</a>
	Living Way Ministries	<a href="#">Living Way Ministries</a>
	London Magic School	<a href="#">Learn Magic at the London Magic School   The London Magic School</a>
	Metropolitan Police	SAFER SCHOOLS
	Nearly There Yet	<a href="#">nearly there yet</a>
	Non-Stop Action	<a href="#">Kids Football &amp; Dance classes Finchley &amp; Mill Hill   Non Stop Action</a>
	Parkfield School	<a href="#">HOME   Parkfield P. School (parkfieldschool.com)</a>
	Planet youth	<a href="https://planetyouth.class4kids.co.uk">https://planetyouth.class4kids.co.uk</a>
	Pro Action	<a href="#">Home - Pro-Action Hertfordshire - Charity (pro-actionherts.org)</a>
	ProTouch CIC	<a href="#">Pro Touch SA</a>
	RAF Museum	<a href="#">The Royal Air Force Museum   RAF Museum free entrance</a>
	Resources for Autism	<a href="#">Resources for Autism</a>
	Shi-Mindfulness	<a href="#">Shi MindfulMinds (@shimindfulminds) • Instagram photos and videos</a>

	Smart play	<a href="http://smart-play.co.uk">Smart Play – Smart Play designs and delivers 'smart' learning games programmes to schools and the private sector. (smart-play.co.uk)</a>
	Somali Bravenese Welfare Association	<a href="http://SBWA.ORG.UK">SBWA.ORG.UK – SBWA.ORG.UK</a>
	Sports4kids	<a href="http://Sport4Kids - Toddler &amp; Kids Sports Activity Classes, Clubs and Camps UK">Sport4Kids - Toddler &amp; Kids Sports Activity Classes, Clubs and Camps UK</a>
	Stonegrove Community Trust	<a href="http://sct.london">Welcome to our community - Stonegrove Community Trust (sct.london)</a>
	Stonegrove Estates Youth Project	<a href="http://sct.london">Stonegrove Estates Youth Project (SEYP) - Stonegrove Community Trust (sct.london)</a>
	Strength and learning through horse	<a href="http://strengthandlearningthroughhorses.org">Strength &amp; Learning Through Horses   Equine Assisted Therapy (strengthandlearningthroughhorses.org)</a>
	Superstar Sports NWL	<a href="http://Children Sports Coaching   Super Star Sport Nwl   Frogmore">Children Sports Coaching   Super Star Sport Nwl   Frogmore</a>
	Supreme Sports Development Ltd	<a href="http://supremesportsdevelopment.co.uk">supremesports   Sports &amp; Football Fun For Kids (supremesportsdevelopment.co.uk)</a>
	TAPF	<a href="http://tapf.org.uk">The Akshaya Patra Foundation UK   Children's Charity in London, UK (tapf.org.uk)</a>
	Teach Now	<a href="http://teach-now.co.uk">Teach Now   Teaching Jobs and Teaching Assistant Jobs in London (teach-now.co.uk)</a>
	The Axis Educational Trust	<a href="http://axiseducationaltrust.org">Educational charity since 1994. Free training available. Lean required skills (axiseducationaltrust.org)</a>
	The Bull Theatre	<a href="http://thebulltheatre.com">Bull Theatre England (thebulltheatre.com)</a>
	The Hope of Childs Hill	<a href="http://thoch.org.uk">The Hope of Childs Hill (thoch.org.uk)</a>
	Time4Change Kids	<a href="http://Time for change kids">Time for change kids</a>
	Unitas Youth Zone	<a href="http://Unitas Youth Zone   Barnet Youth Zone">Unitas Youth Zone   Barnet Youth Zone</a>
	We Are Grow	<a href="http://wearegrow.org">GROW (wearegrow.org)</a>
	We Make Footballers	<a href="http://wemakefootballers.com">Professional Children's Football Training for Ages 4-12 (wemakefootballers.com)</a>
	Wellness Cuisines	<a href="http://Welcome to Wellness Cuisine London">Welcome to Wellness Cuisine London</a>
	Wild About Our Woods	<a href="http://wildaboutourwoods.com">Home   home (wildaboutourwoods.com)</a>

	Works Works Training Solutions	<a href="http://workworkstrainingsolutions.com">Work Works (workworkstrainingsolutions.com)</a>
	Yoga Rap	<a href="#">Kids Yoga Classes Corporate Yoga Lessons School Yoga Rap Music Lessons London</a>
	Young Enterprise	<a href="http://young-enterprise.org.uk">Young Enterprise   Leading UK Charity   Empowering Young People (young-enterprise.org.uk)</a>
	Yum Yum Foods	<a href="#">Home   The Yum Yum Food Company</a>

**Section 5 - Food**

<p>In this section please share details on your food provision. For example; did you provide children and young people with at least one nutritious meal a day? Did you work in any partnerships to provide food? What were the children and young people’s attitudes to the food you provided?</p>	<p>Over 2022 we had a mixed offer of food. Any child who attended 4 hours or more received a hot nutritious meal where possible. For sessions that were less than 4, as young people could attend multiple snack bags were available.</p> <p>Many providers arranged their own hot food and snacks inhouse. A centralised food offer was available to any provider who was not able to provide their own food. We used the following food providers over 2022:</p> <p>Wellness Cuisine</p> <p>The Jerk Place</p> <p>Kings Catering Limited</p> <p>Bread n Butter CIC</p> <p>Yum Yum Foods</p> <p>TAPF</p> <p>Go Dharmic</p> <p><b>Snack bags</b></p> <p>Give. Help. Share</p> <p>Green Grocers Choice</p> <p><b>Family Food Hampers</b></p> <p>Kings Catering Limited</p> <p>Bread n Butter CIC</p> <p>The Food Hub</p>
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## Section 6 – Enriching Activity

<p>How did your programme provide opportunities for children and young people to develop and consolidate their skills and knowledge and try out new experiences? Was there a change in young people's characters / wellbeing and educational attainment?</p>	<p><b>Family Days</b></p> <p>Our programme recognises the extreme pressure parents are under during the holidays. Not only to ensure their children are having a healthy meal, but also to be able to afford to have quality family time. Therefore, we also offer opportunity family days. This have included a family picnic in the park, whereby entertainment and food were included or inflatable session. As well as swimming vouchers were children go free. We also provided family led treasure trails which enabled families to have fun exploring the borough with a take and make box to continue family fun at home.</p> <p><b>Family Takeover Days</b></p> <p>The team have been working with children across the arts, but predominantly through the medium of theatre. These have included projects promoting healthy eating, looking at environmental issues and creating a Manifesto for Change which has been shared with Barnet council. The sessions</p> <p>contain games, creative movement, street dance, puppeteering, shadows play, prop making, mime, song and poem writing and drum circles, so you can see</p> <p>that the children receive a wide range of fun activities. The sessions use a mix of directed material and co-created material where the children take the lead. This all comes together and is shared with parents and carers at the end.</p> <p><b>The Royal Air Force Museum</b></p> <p>The Royal Air Force provides an educational and fun experience for the young people. The trip includes information surrounding the history of Royal Air Force, information surrounding the diversity of ethnicities, social classes and roles. The children are encouraged to take part in a quiz whereby they are supported to seek answers from the displays dotted around the museum. Encouraging them to work together to solve clues and seek out the correct answers.</p> <p><b>World Book Day and Summer Reading Challenge</b></p> <p>As a programme we look for opportunities where we can provide added value to the project. Initially, it started with the summer</p>
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	<p>reading challenge in conjunction with the libraries, to support as many children as possible to access the programme, with them delivering workshops. The partnership working lead to us supporting the libraries with the summer reading challenge. We understand that those who access our programmes, have more to content with than just food over the holidays as parents there are additional pressures and stresses throughout the year. This inspired us to think ahead about other pressure points and led us to work in partnership with the World Book Day team – whereby in Winter 2022 we supported families to hand create a world book costume. The aim of the programme was to support parents to be prepared in advance to encourage parents and children to work together to develop new skills and to take the pressure of having to make such an expensive purchase which could be avoided.</p> <p><b>Better Gyms</b></p> <p>The GLL Gyms engaging and healthy activities with an emphasis on physical, emotional, and nutritional well-being. This includes activities such as football, tennis, swimming, and dodge ball, as well as workshops and discussions around nutrition, well-being and development.</p>
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### Section 7 – Physical Activity

<p>How did you ensure the physical activities you delivered were engaging and inclusive? Did you have any particular successes?</p>	<p>We have an online application form all providers are required to complete. Within this they need to provide details of how they met the HAF criteria (inspired by the information on gov.uk).</p> <p>Providers are required issue their timetable and schedules prior to delivery.</p> <p>We ensure we conduct regular QA visits each season.</p> <p>We offered Inclusive Play training workshops for providers</p> <p>Shared tools and top tips in provider meetings</p>
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### Section 8 – Nutritional Education and the promotion of healthy living/lifestyles

<p>Did your programme deliver activities to educate participants about nutrition.</p>	<p>Yes, we had a mixture of outreach Cooking workshops with Bread n Butter CIC who delivered nutritional workshops within BACE Holiday</p>
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	<p>activities alongside providers providing information and activities surrounding healthy eating.</p>
<p>Did you involve parents, carers and other family members in training and advice sessions on nutrition and eating a balanced diet? If yes how?</p>	<ul style="list-style-type: none"> <li>• We offered family sessions which were parent and child based.</li> <li>• Within our BACE Booklets which are issued each project there are nutritional top tips and guidance along with recipes to follow at home, and our food hampers had recipe cards to accompany them.</li> <li>• Providers were offered Food and Hygiene training along with nutritional education workshop delivered by Bread n Butter and Give.Help.Share.</li> </ul>
<p>Do the children you worked with now have a better understanding of nutrition and food budgeting? Did their attitudes change over the period of the programme?</p>	<p>We ensured an offer available which included cooking workshops and nutritional education workshops where young people learnt about sugar intake, healthy plates, healthy choices and trying new foods:</p> <ul style="list-style-type: none"> <li>• Children who attended the BACE programme had access to varying recipes, through the BACE Booklet and cooking workshops including vegan, vegetarian, meat and fish. Children were taught the food groups, and how plant based protein can substitute meat or fish and be much cheaper.</li> <li>• Children learnt that you can reduce the sugar by half in many dessert recipes and that reducing the amount of sugar is key to eating a nutritious diet</li> <li>• Children were taught how much fat and sugar desserts contained and were shocked, and we explained that when buying premade food from the supermarket shelf you are not always aware of what the food contains</li> <li>• Children got the opportunity to try and enjoy new flavours and ingredients including bean tacos, hummus and falafels. We found that children became more adventurous and confident with food after being exposed to different types in these supportive and friendly environments.</li> </ul> <p>An example from one of our providers (GLL) on how they work with young people: When discuss nutrition and food budgeting at the beginning of the camp, we have a lot of young people had a similar view that “It’s too expensive to eat healthy”. However, their qualified nutritionist discussed this with the young people and challenged them to try and prevent impulse purchases that are caused by enticing food advertising or shopping on an empty stomach (that makes everything look delicious!). The nutritionist also recommends that they plan out meals with their family, and that they purchase foods and snacks that are satiating and filling. At the end, each young</p>

	person on our camp was given a healthy eating leaflet to take home, with quizzes and meal plans available to try with family and friends.”
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**Section 9 – Special Educational Needs & Disabilities (SEND)**

Did you offer provision for children with Special Educational Needs & Disabilities? If yes then can you share examples?	<p>Within BACE Holidays we ensure that all of the activities are inclusive. If a child needs extra support via an extra SEND group or 1:1 worker, we will assess and provide this support within the mainstream activities.</p> <p>If a child requires an activity which is targeted for specifically SEND children, then we also have an offer for this across the borough.</p> <p>Time4Change</p> <p>Resources4Autism</p> <p>SEND Inflatable sessions</p> <p>SEND Multisport sessions</p> <p>SEND Cooking sessions</p> <p>Chickenshed Sensory Play sessions</p>
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**Section 10 – Signposting & Referrals**

How did you provide participants and their families with information, signposting or referral	<p><b>Websites:</b></p> <p><a href="#">Barnet Youth – Child and Family Early Help Service - BACE Holidays - BACE Holidays</a></p> <p><a href="#">Holiday Activities and Food (HAF) Programme   Barnet Council</a></p> <p><a href="https://www.youngbarnetfoundation.org.uk/haf">https://www.youngbarnetfoundation.org.uk/haf</a></p> <p><a href="https://www.youngbarnetfoundation.org.uk/bace">https://www.youngbarnetfoundation.org.uk/bace</a></p> <p>Throughout our the barnetyouth.uk which is the booking website for all activities under the Child and Family Service. Within this website and also the main Barnet Council website there are signposting, support and guidance for professionals, participants and families.</p> <p>Young Barnet Foundation’s website also has a wealth of information to support families and providers to be able to refer.</p> <p><b>BACE Booklets</b></p> <p>Within our BACE Booklets we have a Wellbeing, Welfare and Support section.</p> <p>Winter BACE 2022 Booklet:</p> <p><a href="http://barnetyouth.uk/uploads/files/187/023283-BC3358-BACE-Winter-brochure-2022-DIGITAL1.pdf">barnetyouth.uk/uploads/files/187/023283-BC3358-BACE-Winter-brochure-2022-DIGITAL1.pdf</a></p>
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<p>als to other services and support?</p>	<p>Summer BACE 2022 Booklet:  <a href="https://barnetyouth.uk/files/187/022966-BACE-Easter-brochure-2022-DIGITAL.pdf">BC3142-BACE-Summer-brochure-2022-DIGITAL1.pdf (barnetyouth.uk)</a></p> <p>Spring BACE 2022 Booklet: - <a href="https://barnetyouth.uk/uploads/files/187/022966-BACE-Easter-brochure-2022-DIGITAL.pdf">barnetyouth.uk/uploads/files/187/022966-BACE-Easter-brochure-2022-DIGITAL.pdf</a></p> <p><b><u>Youth First Newsletter</u></b></p> <p>Barnet Youth has a newsletter jammed packed with events, services, new opportunities, support and guidance for young people and their families. This goes out monthly and closer to the BACE Holidays project this becomes weekly.</p> <p>Example:  <a href="https://designteam1bb.createsend.com/campaigns/reports/viewCampaign.aspx?d=d&amp;c=1A89C50F43607EEA&amp;ID=80869F50162245162540EF23F30FEDED&amp;temp=False&amp;tx=0&amp;source=CampaignSent">https://designteam1bb.createsend.com/campaigns/reports/viewCampaign.aspx?d=d&amp;c=1A89C50F43607EEA&amp;ID=80869F50162245162540EF23F30FEDED&amp;temp=False&amp;tx=0&amp;source=CampaignSent</a></p> <p><b><u>Social Media</u></b></p> <p>Across our social media handles, information is shared of projects, offers, support and guidance to young people and families throughout the year. During the BACE project delivery time, posts are released relating to BACE Holidays about the offer, nutrition, health, wellbeing and so much more.</p> <p>@Barnetyouth_          @Barnetcouncil          @youngbarnetfoundation</p> <p><b><u>Mobile Library</u></b></p> <p>Working closely with the Barnet Library team, the mobile library bus toured the BACE activity camps, so young people and their families could sign up to the library, take part in the Summer Reading Challenge and also receive free books.</p> <p><b><u>BACE Activity Bags</u></b></p> <p>Working alongside Barnet Public Health activity bags shared flyers and an activity booklet.</p> <p>Each family that collect a family activity bag received a Free WIFI Sim Card.</p>
<p>Which services did you sign post?</p>	<p>BICS          Child and Family Services (Formally 0-19 Hubs)          Providers          Brook / Sexual Health Services          MOPAC</p>

<p>Libraries - Summer Reading Challenge</p> <p>Duke of Edinburgh Award</p> <p>Positive Activities Term Time and Holiday Project</p> <p>Local Community Events and Shows</p> <p>Unitas Youth Zone</p> <p>Fostering</p> <p>Young Carers</p> <p>My Say Matters</p> <p>Barnet Public Health – Sugar Smart</p> <p>Employment</p> <p>Awareness Months and events I.e. Youth Mental health, Black History Month</p> <p>Sports opportunities</p> <p>BOOST</p> <p>Proud to Care</p> <p>Public Consultations for Barnet Council I.e. Early Help Strategy.</p>
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### Section 11 – HAF Programme 2023/24

<p>Plans for you 2023/24 HAF programme</p>	<ul style="list-style-type: none"> <li>• Embedding the parts of the existing offer that are working well.</li> <li>• Stop the central food offer for 2023-2024 to encourage more hands- on cooking delivery with the children and young people onsite.</li> <li>• Develop the 12-16 year old provision in 2023, looking at different ways to engage with teenagers across the borough with a focus on trips and more targeted provision for this cohort.</li> <li>• We intend to continue to work with colleagues across the council, including schools, to refer young people in particular need and who are not in receipt benefit-related FSM but still very much vulnerable.</li> <li>• We hope to continue to develop the BACE Champions campaign to encourage in and outside of the council to wear the badge of honor stating, “I am a BACE Champion” and continue to work with families in the local community.</li> <li>• We intend to develop a BACE approved provider with digital BACE Badges and email banners. We have them when they’re speaking with families and venues (schools) of their relationship with the council and the HAF programme.</li> </ul>
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	<ul style="list-style-type: none"><li>• As a team and as a council, we make use of every opportunity to raise the level of awareness surrounding the HAF project to families. We do this by accompanying staff and other colleagues to community events, family groups, booklets throughout Barnet schools. We also start a new approach in Summer of 2023, whereby, we started to upskill colleagues to support families to book and explain the project and its aims and ethos. We call them BACE Champions – we found the BACE champions particularly successful when they support us by visiting refugee families in the hotels as they struggle with English as second language and access to technology.</li><li>• We as a team consider ourselves innovate and are wanting to try new things to ensure as many families as possible have access to the programme this included the pilot Picnic in the Park, Inflatable Days, SEND specific Parent and Child Sessions, all of which have grown over 2022 and set us up more opportunities like this 2023.</li><li>• Finally, we are looking to find ways to bring together our in-house Positive Activities to support BACE Holidays and to work together as one project.</li></ul>
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