

welcome willkommen  
bienvenue welkom  
bienvenuto powitanie vitezje  
oas-vindas tervetuloa

Benefits

Housing

Domestic Abuse

Education



# Barnet

A Sure Start Children's Centre

## Child and Family Early Help

### Family Links

For parents of children age 2 -11 years old. The programme helps us reflect on how we were parented and how we are as a parent. Focus being looking after self and understanding their own and their child's emotional needs.

Starting: Thursday 18<sup>th</sup> January 2024  
Finishing: 28<sup>th</sup> March 2024 (The group will not be delivered in half term)

Venue: Brunswick Park Primary school  
Postcode: N14 5DU

Time: 9.30 to 11.30am

Please make referrals via the [Universal plus form](#).  
This can be found on the [Barnet website](#).

Please contact: Gary Duncan 0208 359 6384  
or Tracy Strachan 0208 368 3468 - for more information



Holiday  
Activities and  
Food (HAF)  
Programme

Caring for people, our places and the planet

[www.barnet.gov.uk/directories/childrens-centres](http://www.barnet.gov.uk/directories/childrens-centres)  
[www.barnet.gov.uk/earlyhelp](http://www.barnet.gov.uk/earlyhelp)

**BARNET**  
LONDON BOROUGH

